



Lyme-Old Lyme High School

Department of Athletics
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<http://www.region18.org>
Hildie Heck, Athletic Director
Jo Bolton, Athletic Secretary
Sammee Ward, Athletic Trainer

2017- 2018 **Spring Sports Information**

Registration for Spring Sports is now open on familyid. Everyone wishing to participate in a spring sport MUST register, even if the athlete has participated in a previous season. A link can also be found under Athletics at www.region18.org. The final day to accept registration is **Monday, March 12th** for all High School Sports and **Monday, April 2nd** for all Middle School Sports. **To prevent from being held out of practice, begin the registration process and submit all required documents as soon as possible.** In order to participate in **ANY** sport a student-athlete must have meet all requirements stated in the Lyme-Old Lyme Athletic Handbook.

The **Mandatory High School Spring Sports Night** for parents and players will be **Monday, March 5th at 6:00pm** in the High School Auditorium.

Middle School will be receiving information from their coaches during the last week of March. All try-out and season information will come directly from coaches.

SPRING SPORTS IMPORTANT DATES:

Thursday, February 1st: SPRING SPORTS REGISTRATION OPENS in FamilyID

Friday, March 2nd: ImPact Testing for HS Boys & Girls Crew @ 2:30pm (Room 110)

Friday, March 2nd: ImPact Testing for HS Golf @ 3:30pm (Room 110)

Monday, March 5th: Mandatory Spring Parent/Student Team Night @ 6:00pm (**HS ONLY**)

Tuesday, March 6th: ImPact Testing for HS Boys & Girls Tennis @ 3:30pm (Room 110)

Thursday, March 8th: ImPact Testing for HS Softball @ 2:30pm (Room 110)

Thursday, March 8th: ImPact Testing for HS Baseball @ 3:30pm (Room 110)

Monday, March 12th: REGISTRATION CLOSES FOR ALL SPRING HIGH SCHOOL SPORTS

Tuesday, March 13th: ImPact Testing for HS Outdoor Track @ 3:30pm (Room 110)

Thursday, March 15th: ImPact Testing for HS Girls Lacrosse @ 2:30pm (Room 110)

Thursday, March 15th: ImPact Testing for HS Boys Lacrosse @ 3:30pm (Room 110)

Saturday, March 17th: All High School Spring Sport Begin

Monday, April 2nd: REGISTRATION CLOSES FOR ALL MIDDLE SCHOOL SPORTS

***ImPact Testing for MS Athletes will be given with the season information

***Season schedules can be found at www.region18.org under "Athletics"

CHECKLIST FOR PARTICIPATION IN SPRING SPORTS:

- Complete the online athletic registration at www.familyid.com
- Confirm with nurse's office that your physical is up to date (must be within the last 13 months)
- Confirm with Athletic Trainer that ImPact Test (concussion baseline) is up to date.
- Be sure that there are NO outstanding balances on your school account. (posted on the parent portal in PowerSchool) or Contact Pat Bugbee in the Main Office
- Review the Lyme-Old Lyme Athletic Handbook located on the Region 18 webpage

REGISTRATION PROCESS:

Our schools sport registration is offered via online registration through Familyid.com. FamilyID is a secure registration platform that provides you with an easy, user-friendly way to register for our programs, and helps us to be more administratively efficient. When you register through FamilyID, the system keeps track of your information in your FamilyID profile. You enter your information only once for each family member for multiple uses and multiple programs, you will only ever need to update information and resubmit each athletic season. If you do not remember your password use the "forgot password" rather than creating a new account. By creating a new account all information stored prior will be lost and requires longer time to be approved.

***When completing the online registration, you will be fulfilling the requirement for the following forms and agreements.

- Permission to Participate in Athletics
- Extracurricular Activities Notification Acknowledgement
- Medical Data Sheet
- Concussion and Head Injury Awareness & Consent Form
- Sudden Cardiac Arrest Consent Form

A parent/guardian should register by using this link: <http://www.familyid.com/lyme-old-lyme-public-schools>

At any time, you may log in at www.familyid.com to update your information and to check your registration(s) and athlete status. To view a completed registration, select the 'Registration' tab on the blue bar. For support with registration or questions regarding familyid **Contact** FamilyID at: support@familyid.com or **888-800-5583 x1**. Support is available 7 days per week and messages will be returned promptly.

QUESTIONS CONTACTS:

Pat Bugbee - regarding Outstanding Balances

Ellen Masu or Robyn Beachy - regarding Physicals

Samme Ward - regarding ImPact Testing, Injuries or Return to Play Protocol

Jo Bolton or Hildie Heck regarding Eligibility or Registration Approval

**Coaches should be contacted for all other questions