



Lyme-Old Lyme High School

Department of Athletics
69 Lyme Street, Old Lyme, CT 06371
Phone: (860) 434-1651 ~ Fax: (860)434-8234
<http://www.region18.org>
Hildie Heck, Athletic Director
Jo Bolton, Athletic Secretary
Samme Ward, Athletic Trainer

2018- 2019 **Spring Sports Information**

Registration for Spring Sports opens **February 15th** on familyid. Everyone wishing to participate in a spring sport **MUST** register, even if the athlete has participated in a previous season. A link can also be found under Athletics at www.region18.org. The final day to accept registration is **Monday, March 11th** for all High School Sports and **Friday, March 29th** for all Middle School Sports. **To prevent from being held out of practice, begin the registration process and submit all required documents as soon as possible.** In order to participate in **ANY** sport, a student-athlete must have met all requirements stated in the Lyme-Old Lyme Athletic Handbook.

The **Mandatory High School Spring Sports Night** for parents and players will be **Thursday, March 7th at 6:30pm** in the High School Auditorium.

Middle School will be receiving information from their coaches during March. All try-out and season information will come directly from coaches.

SPRING SPORTS IMPORTANT DATES:

Friday, February 15th: SPRING SPORTS REGISTRATION OPENS in FamilyID

Monday, March 4th: ImPact Testing for HS Crew (Girls 2:30pm & Boys 3:30pm in Room 110)

Thursday, March 7th: Mandatory Spring Parent/Student Team Night @ 6:30pm (**HS ONLY**)

Friday, March 8th: ImPact Testing for HS Baseball @ 2:30pm (Media Center)

Monday, March 11th: ImPact Testing for HS Girls Lacrosse @ 2:30pm (Media Center)

Monday, March 11th: ImPact Testing for HS Boys Lacrosse @ 3:30pm (Media Center)

Tuesday, March 12th: ImPact Testing for HS Softball & Girls Tennis @ 2:30pm (Media Center)

Tuesday, March 12th: ImPact Testing for HS Golf & Boys Tennis @ 3:30pm (Media Center)

Wednesday, March 13th: ImPact Testing for HS Outdoor Track (Girls 2:30p & Boys 3:30p in Media Center)

Monday, March 11th: **REGISTRATION CLOSSES** FOR ALL SPRING HIGH SCHOOL SPORTS

Saturday, March 16th: All High School Spring Sport Begin

Friday, March 29th: REGISTRATION CLOSSES FOR ALL MIDDLE SCHOOL SPORTS

*****HS Athletes should bring their laptops for ImPact Testing**

***ImPact Testing for MS Athletes will be given with the season information

***Season schedules can be found at www.region18.org under "Athletics"

CHECKLIST FOR PARTICIPATION IN SPRING SPORTS:

- Complete the online athletic registration at www.familyid.com
- Confirm with nurse's office that your physical is up to date (must be within the last 13 months)
- Confirm with Athletic Trainer that ImPact Test (concussion baseline) is up to date.
- Be sure there are NO outstanding balances on your school account. (posted on the parent portal in PowerSchool) or Contact Pat Bugbee in the Main Office
- Review the Lyme-Old Lyme Athletic Handbook located on the Region 18 webpage

REGISTRATION PROCESS:

Our school's sport registration is offered via online registration through Familyid.com. FamilyID is a secure registration platform that provides you with an easy, user-friendly way to register for our programs, and helps us to be more administratively efficient. When you register through FamilyID, the system keeps track of your information in your FamilyID profile. You enter your information only once for each family member for multiple uses and multiple programs, you will only ever need to update information and resubmit each athletic season. If you do not remember your password use the "forgot password" rather than creating a new account. By creating a new account all information stored prior will be lost and requires longer time to be approved.

***When completing the online registration, you will be fulfilling the requirement for the following forms and agreements.

- Permission to Participate in Athletics
- Extracurricular Activities Notification Acknowledgement
- Medical Data Sheet
- Concussion and Head Injury Awareness & Consent Form
- Sudden Cardiac Arrest Consent Form

A parent/guardian should register by using this link: <http://www.familyid.com/lyme-old-lyme-public-schools>

At any time, you may log in at www.familyid.com to update your information and to check your registration(s) and athlete status. To view a completed registration, select the 'Registration' tab on the blue bar.

For support with registration or questions regarding familyid **Contact** FamilyID

at: support@familyid.com or **888-800-5583 x1**. Support is available 7 days per week and messages will be returned promptly.

QUESTIONS CONTACTS:

Pat Bugbee - regarding Outstanding Balances

Ellen Maus or Mellisa Seckla - Regarding Physicals

Samme Ward - regarding ImPact Testing, Injuries or Return to Play Protocol

Jo Bolton or Hildie Heck regarding Eligibility or Registration Approval

****Coaches should be contacted for all other questions**