



## Lyme-Old Lyme High School

Department of Athletics

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<http://www.region18.org>

Hildie Heck, Athletic Director

Jo Bolton, Athletic Secretary

Samme Ward, Athletic Trainer

2018- 2019

Dear Lyme-Old Lyme Parents/Guardians and potential Unified Sports Members,

Unified Sports is a registered program of Special Olympics that combines approximately equal numbers of athletes with and without disabilities, on sports teams for training and competition. All Unified Sports players, both athletes and partners, are similar age and matched sport skill ability. Unified Sports teams are placed in competitive divisions based on their skill abilities, and range from training divisions (with a skill-learning focus) to high skill competition.

The pioneer sports program was started in 1992 under the partnership between the CIAC and the Special Olympics Connecticut to expand athletic opportunities for students of all abilities. The Unified Sports program has grown rapidly, with over 3000 students participating last year in Connecticut alone.

Lyme-Old Lyme is starting their own Unified Sports program this this year. We are looking for athletes and parents who are interested in committing to one or two practices a week, along with competitions between other shoreline schools a few times a season, as well as, a few shoreline and state tournaments. Sports that will be included in the program will be soccer, basketball, volleyball, bowling and track and field. We would like to launch the program at our winter sports night on November 15<sup>th</sup>, with a short informational session. In the meantime, please discuss with your child about the idea of being a part of this amazing opportunity and complete the interest sheet below. If interested please return to the Lyme-Old Lyme Athletic Department by November 15, 2018. You may also begin to register on FamilyID starting November 1. All Unified Sports athletes and partners will need to meet all the requirements for sport participation listed in the Athletic Handbook.

Please feel free to contact me if you have questions concerning this program.

Sincerely,  
Hildie Heck  
Athletic Director

I am interested in being a Athlete/Partner (circle one) on the Unified Sports Team \_\_\_\_\_

Students Name: \_\_\_\_\_

Parents Name: \_\_\_\_\_

Phone: \_\_\_\_\_

I am available to attend the Winter Sport Night on November 15<sup>th</sup>, 2018 at 6:30pm \_\_\_\_\_